



Southern California Oral & Maxillofacial Surgical Arts

Cheung, DMD, MD • Ho, DMD • Yagoubian, DDS, MD

Patient Newsletter

How Do I Take Care of My Dental Implants?

Los Angeles Office:
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11550 Indian Hills Rd. #320
Mission Hills, CA 91345
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Office Hours:
Mon-Fri
8-5pm

www.droralsurgery.com



The daily care of dental implants is very similar to the care of natural teeth. Restored dental implants should be kept clean and plaque free twice a day using a brush and floss. A waterpik is highly recommended, water flossing is up to 50% more effective than string floss. The waterpik removes the plaque & debris lurking deep between teeth & below the gum line, where its hard to reach with traditional brushing & flossing. Cleaning is especially important after meals. This is accomplished by gently brushing, giving special attention to all sides of the implant.

Oral hygiene aids may include:

- Small, soft, manual toothbrush or an electric brush
- Low-abrasive, tarter-control toothpaste
- Dental floss for cleaning around the abutments

Other supplies that may be recommended can include:

- Antimicrobial mouth rinses
- Inter-dental brushes or other aids for removing plaque between the teeth on either side of the implant(s)
- Disclosing tablets to stain the locations of plaque accumulation

You must be committed not only to daily performance of dental hygiene at home, but to regular visits to your dentist. It is recommended that you see your dentist every 3-6 months for a professional exam and cleaning. The implant(s) should be examined with an x-ray annually. We offer you a no cost, annual implant check-up and x-ray after implant placement as part of our implant care program.



3 Warning Signs of Impacted Wisdom Teeth

Wisdom teeth can drive patients to the brink of desperate pain relief. One sign of pain in the back of the jaw usually means impacted wisdom teeth. There are an array of symptoms and signs that will alert you something is not right. Once you have an assumption something is wrong, it's time to take action!

Have a coffee on us! This year, we will be recognizing our patients for referring friends & family to our practice. Just have them write your name under referred by.

Lets Get Social

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Three primary signs of impacted wisdom teeth:

1. Toothache, sharp pains coming from the back of the mouth.
2. Swelling around the jaw.
3. Tender, swollen, bleeding red gums.

Other common signs would be:

1. Bad Breathe
2. Headache, pain between jaw & skull. Known as TMJ
3. Unpleasant taste in your mouth.
4. Swollen glands.
5. Difficult opening mouth.
6. Even ear aches.

Call to Action:

If you are experiencing any of these symptoms, please call one of our offices to help you relieve your pain.



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